

Leaders-In-Training Application



Leaders-In-Training (LIT) Adventure Series

Waypoint Adventure's Leaders In Training (LIT) series is an adventure-learning, leadership development program for young adults with disabilities between the ages of 16-28. The LIT program was designed to use the transformational power of adventure to teach participants skills that they can apply to their everyday life, all within a supportive community of peers and mentors.

Focused on transition-aged-youth, this program is designed to develop leadership skills, improve self-determination and increase self-confidence. This 7-month commitment of one adventure per month is for a cohort of around 8-10 participants. At Waypoint, we believe that at the intersection of challenge and support, people learn and grow. Through challenges like rock climbing, kayaking, hiking, and the overnight backpacking trip, LIT programs instill confidence and a sense of belonging. LITs learn practical adventure skills as well as important life and leadership lessons, equipping them for the pursuit of future goals.

Upon graduation, participants of the LIT program will join a growing community of young adults who continue to adventure and socialize together outside of Waypoint programs. They are also invited to offer their leadership skills to the Waypoint community in various capacities. For example:

- blog about events
- help recruit participants for future programs
- volunteer on a program (for those who meet our volunteer eligibility requirements) and do things like help paddle a tandem kayak or belay a participant rock climbing
- help plan LIT alumni gatherings and events
- mentor a future LIT participant

Above all, LITs benefit from the bonds and friendships formed throughout the months of shared experience and adventure!

Candidate requirements to apply for the LIT program are:

- Have a formal interview with a Waypoint staff member
- Be reasonably familiar and comfortable with social settings
- Can participate in group discussions around a theme or goal
- Can answer open ended questions
- Can generally follow multi-step instructions or stick to a task independently (or with few prompts)
- Commit to attending and participating in all LIT programs (some exceptions allowed)

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TIME & COST

The LIT Adventure Series runs from May to November. During this series, LITs will participate in seven programs, which include an overnight weekend in September. The series concludes with a Graduation/Reception in November of which alumni are invited.

Transportation from the Waypoint office in Lexington is provided. We will meet at the office at the start time listed below, and be back at the Waypoint office for pick up at the ending time.

The following is the proposed LIT program schedule for 2024:

Day	Date	Adventure/ Event	Time
Saturday	May 18	Ropes Course	9:00am- 3pm
Saturday	June 22	Hike	9:00am-3pm
Saturday	July 27	Kayaking – Learn the basics	9:00am-3pm
Saturday	August 17	Kayaking – Teaching others	9:00am-3pm
Saturday- Sunday	September 21-22	Backpacking in the White Mountains of New Hampshire	Sat 7am- Sun 4pm
Saturday	October 19	Rock Climbing	9:00am-3pm
Thursday	November 7	Graduation reception	6:30-8:30pm

The LIT Adventure Series costs \$960. This fee covers all programs and provides each LIT with a Waypoint LIT T-shirt and 20% off all of Waypoint Adventure's Open Enrollment programs for up to a year. *Scholarships available upon request.*

NEXT STEPS

If you are interested in joining the Waypoint Adventure Leaders-In-Training program, please fill out the attached application and send it to:

Mailing address:
Waypoint Adventure
453 Concord Ave
Lexington, MA 0242

Email:
csteinauer@waypointadventure.org

After receiving your fully completed application, Waypoint staff will be in contact to set up an interview that will take place either over the phone or in-person. Once the LIT team is selected, all applicants will be notified. Minimum number of registrants is eight. If this number is not reached, applicants will be notified ASAP.

Application Deadline: March 25, 2024

<https://www.waypointadventure.org/lit>

Waypoint Adventure, Inc.
453 Concord Ave, Lexington MA 02421
781-325-7980 | www.waypointadventure.org

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Date:
How did you learn about the LIT program at Waypoint?

Participant Information

Name:	
Street Address:	
City, State, & Zip Code:	
Home Phone:	Cell Phone:
Email Address:	T-Shirt Size
The best way to contact me is:	

Parent/Guardian Information

Name:	
Street Address:	
City, State, & Zip Code:	
Home Phone:	Cell Phone:
Email Address:	
Relation to Participant:	Is this individual the Legal Guardian?

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Demographic Information

Date of Birth:	Age:	Gender:
Languages Spoken:		
Race/Ethnicity:		
<p>Do you or anyone in your immediate household currently receive any public benefits or assistance? (ie... Food, Housing, Childcare/Educational) [check one]</p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>		

Disability Information

Disability Type [Check all that apply]
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- | | |
|---|--|
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Nonverbal Learning Disorder |
| <input type="checkbox"/> Anxiety Disorders | <input type="checkbox"/> Mental Health Disorder |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Physical Disability |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Prader-Willi Syndrome |
| <input type="checkbox"/> Deafblind | <input type="checkbox"/> Social/Emotional Disabilities |
| <input type="checkbox"/> Deaf | <input type="checkbox"/> Specific Learning Disabilities |
| <input type="checkbox"/> Developmental Disability | <input type="checkbox"/> Speech and Language Impairment |
| <input type="checkbox"/> Down Syndrome | <input type="checkbox"/> Spina Bifida |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Spinal Cord Injury |
| <input type="checkbox"/> Expressive Language Disorder | <input type="checkbox"/> Traumatic Brain Injury |
| <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Visual Impairment including CVI |
| <input type="checkbox"/> Intellectual Disability | <input type="checkbox"/> Other: _____ |

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Leadership Experience

Please list any experience participant has had as a leader within their community – whether through working, volunteering, school/ community projects, or other.

Position:	# of Hours/Week:
Duties:	From/To:
Position:	# of Hours/Week:
Duties:	From/To:
Position:	# of Hours/Week:
Duties:	From/To:

References

Please list two references that Waypoint could call. These would be two people that can vouch for your work/school/or leadership experience. You should notify these people to let them know we may be getting in contact with them.

Reference #1 Name:	Their contact info (email and/or phone number):
Relation to you:	

Reference #2 Name:	Their contact info (email and/or phone number):
Relation to you:	

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The LIT Applicant must answer the following questions. Please feel free to use another sheet if more room is needed. See the next page for questions.

Why do you want to become a Leader-In-Training?

What do you want to gain from this experience? What skills would you like to learn from the program?

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How do you think being an LIT will help you meet your future goals? (These goals can be educational, employment related, increased independence, or another personal goal.)

Please share any additional information about yourself that you would like Waypoint Adventure staff to consider when reviewing your application.

Please sign the Publicity Consent document on the next page. We take a LOT of pictures and group pictures. It would be very helpful to know if you do not want your picture taken so that we can ask you to step out of all group photos.

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Publicity Consent

Name of Participant (first and last name)

I understand that it is important for Waypoint Adventure to continue to reach out to the public through its various printed materials, website, social media and other media outlets. Contained in this publicity may be photographs and/or specific mention of program participant names.

You can use my picture:

I hereby grant permission to Waypoint Adventure to use _____
[Participant's first and last name] *picture* in its publicity efforts.

You can use my name:

I hereby grant permission to Waypoint Adventure to use _____
[Participant's first and last name] *name* in its publicity efforts.

Signature of Parent or Guardian

Date

Signature of Participant

Date