

Leaders-In-Training Application



Leaders-In-Training (LIT) Adventure Series

Waypoint Adventure's Leaders In Training (LIT) series is an adventure-learning, leadership development program for young adults with disabilities between the ages of 16-28. The LIT program was designed to use the transformational power of adventure to teach participants skills that they can apply to their everyday life, and transfer to the workplace, all within a supportive community of peers and mentors.

Focused on transition-aged-youth, this program is designed to develop leadership skills, improve self-determination and increase self-confidence. This 7-month commitment of one adventure per month is for a cohort of around 10 participants. At Waypoint, we believe that at the intersection of challenge and support, people learn and grow, and become better prepared for adulthood. Through challenges like rock climbing, kayaking, hiking, and the overnight backpacking trip, LIT programs instill confidence and a sense of belonging. LITs learn practical adventure skills as well as important life and leadership lessons, equipping them for the pursuit of future goals.

Upon graduation, participants of the LIT program will join a growing community of young adults who continue to adventure and socialize together outside of Waypoint programs. They are also invited to offer their leadership skills to the Waypoint community in various capacities. For example:

- blog about events
- manage equipment at Waypoint's office
- help recruit participants for future programs
- volunteer on a program (for those who meet our volunteer eligibility requirements) and do things like help paddle a tandem kayak or belay a participant rock climbing
- write thank you letters to Waypoint donors

Above all, LITs benefit from the bonds and friendships formed throughout the months of shared experience and adventure!

Candidate requirements to apply for the LIT program are:

- Have a formal interview with a Waypoint staff member
- Be reasonably familiar and comfortable with social settings
- Can participate in group discussions around a theme or goal
- Can answer open ended questions
- Can generally follow multi-step instructions or stick to a task independently (or with few prompts)
- Commit to attending and participating in all LIT programs (some exceptions allowed)

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TIME & COST

The LIT Adventure Series runs from May to November. During this series, LITs will participate in seven programs, which include an overnight weekend in September. The series concludes with a Graduation/Reception in November of which alumni are invited.

The following is the proposed LIT program schedule for 2023:

Day	Date	Adventure/ Event	Time	Location
Saturday	May 20	Ropes Course	9:00am- 3pm	Hale Education, Westwood
Saturday	June 17	Hike	9:00am-3pm	Ward Reservation, Andover
Saturday	July 23	Kayaking – Learn the basics	9:00am-3pm	Harold Parker State Forest, Andover
Saturday	August 19	Kayaking – Teaching others	9:00am-3pm	Charles River, Waltham
Saturday-Sunday	September 23-24	Backpacking	Sat 7am- Sun 4pm	White Mountains, NH
Thursday	October 19	Indoor Rock Climbing	6-8:30pm	Central Rock Gym, Watertown
Thursday	November 9	Graduation reception	6:30-8pm	Wilmington Trust, Boston Please plan to arrange your own transportation for the graduation ceremony

The LIT Adventure Series costs \$960. This fee provides each LIT with a Waypoint LIT T-shirt, bumper sticker, and 20% off all of Waypoint Adventure's Open Enrollment programs for up to a year. *Scholarships available upon request.*

NEXT STEPS

If you are interested in joining the Waypoint Adventure Leaders-In-Training, please fill out the attached application and send it to:

Mailing address:
Waypoint Adventure
453 Concord Ave
Lexington, MA 0242

Email:
csteinauer@waypointadventure.org

After receiving your fully completed application, Waypoint staff will be in contact to set up an interview that will take place either over the phone or in-person. Once the LIT team is selected, all applicants will be notified. Minimum number of registrants is eight. If this number is not reached, applicants will be notified ASAP.

Application Deadline: March 17, 2023

www.waypointadventure.org/lit

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Date:
How did you learn about the LIT program at Waypoint?

Participant Information

Name:	
Street Address:	
City, State, & Zip Code:	
Home Phone:	Cell Phone:
Email Address:	T-Shirt Size

Parent/Guardian Information

Name:	
Street Address:	
City, State, & Zip Code:	
Home Phone:	Cell Phone:
Email Address:	
Relation to Participant:	Is this Individual the Legal Guardian?

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Demographic Information

Date of Birth:	Age:	Gender:		
Languages Spoken:				
Race/Ethnicity:				
Household Income (please circle one):				
<\$10,000	\$10,000-\$25,000	\$25,000-\$50,000	\$50,000-\$75,000	>\$75,000
Do you receive or are you eligible to receive free lunch?				
School:	Current Grade:			

Disability Information

Disability Type (Check all that apply)	Disability Sub-Type (Check all that apply)
Autism	AD/HD
Deaf-blind	Anxiety Disorders Asperger's
Deafness	Syndrome Bipolar Disorder
Developmental Disability	Blindness
Emotional Disturbance	Cerebral Palsy
Hearing Impairment	Depression
Intellectual Disability	Down Syndrome
Multiple Disabilities	Epilepsy
Orthopedic Impairment	Expressive Language
Other Health Impairment	Disorder Health Condition
Specific Learning Disabilities	Non-verbal Learning Disorder
Speech and Language Impairment	PDD-NOS
Traumatic Brain Injury	Schizophrenia
Visual Impairment including Blindness	Spina Bifida
	Visual Impairments
	Other:

Disability Types and Sub-Types are determined from standardized IEP categories.

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Leadership Experience

Please list any experience participant has had as a leader within his/her community – whether through working, volunteering, or other.

Position:	# of Hours/Week:
Duties:	From/To:
Position:	# of Hours/Week:
Duties:	From/To:
Position:	# of Hours/Week:
Duties:	From/To:
Position:	# of Hours/Week:
Duties:	From/To:

References

Please list two references that Waypoint could call. These would be two people that can vouch for your work/school/or leadership experience. You should notify these people to let them know we may be getting in contact with them

Reference #1 Name:	Their contact info (email and/or phone number):
Relation to you:	

Reference #2 Name:	Their contact info (email and/or phone number):
Relation to you:	

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The LIT Applicant must answer the following questions. Please feel free to use another sheet if more room is needed. See the next page for questions.

Why do you want to become a Leader-In-Training?

What do you want to gain from this experience? What skills would you like to walk away from the program with?

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How do you think being an LIT will help you meet your future goals? (These goals can be education, employment, independent living, or personal goals.)

Please share any additional information about yourself that you would like Waypoint Adventure staff to consider when reviewing your application.

Please sign the Publicity Consent document on the next page. We take a LOT of pictures and group pictures. It would be very helpful to know if you do not want your picture taken so that we can ask you to step out of all group photos.

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Publicity Consent

Name of Participant (first and last name)

I understand that it is important for Waypoint Adventure to continue to reach out to the public through its various printed materials, website, social media and other media outlets. Contained in this publicity may be photographs and/or specific mention of program participant names.

You can use my picture:

I hereby grant permission to Waypoint Adventure to use _____ (Participant's first and last name) *picture* in its publicity efforts.

You can use my name:

I hereby grant permission to Waypoint Adventure to use _____ (Participant's first and last name) *name* in its publicity efforts.

Signature of Parent or Guardian

Date

Signature of Participant

Date